

Eurocaucasus Tour LTD

Charenc 1 str., 0025 Yerevan Republic of Armenia Tel.: +37493585548, Tel./Fax:+37410 554504 E-mail: eurotravelarmenia@gmail.com

Lavash

Armenian cuisine is one of the ancient cuisine in Asia and, according to the famous historian and ethnographist V.Pokhlebkin, the oldest in South Caucasus region. The prominent features of Armenian cuisine were founded at least a thousand year before Christianity and have been kept nearly unchanged over the next three thousand years. Throughout the ages, Lavash has not only occupied the highest place in Armenian cuisine but also acquired the sacramental meaning, symbolizing life and wisdom.





